

**Agenda - Public Health Nutrition Core Lecture**  
presented by  
**The Ontario Society of Nutrition Professionals in Public Health (OSNPPH)**  
Friday, January 23, 2009 from 9:30 am to 3:00 pm  
Podium (POD 250), 350 Victoria Street, Ryerson, Toronto

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**Session's learning objectives:**

1. network with other dietetic interns
2. obtain an overview of the public health system in Ontario
3. increase knowledge of day-to-day work situations in public health nutrition
4. increase knowledge of the roles & skills needed to do this work
5. increase knowledge of the strategies used in public health nutrition

- 9:30 - 10:15 am**                      **Welcome** and a review of the day's objectives - Jane Bellman
- Ice breaker** activity
- "The Big Picture"** - Samara Foisy
- Introduction to public health nutrition in Ontario
  - Q&A from the audience
- 10:15 – 12:15 am**                      **Panel** – "A day/week in the life of a Public Health Dietitian/Nutritionist"
- Overview – and discussion of campaigns – Isabela Herrmann
  - School nutrition – Lesia Hucal
  - Food security – Lynn Garrison
  - Prenatal/infant nutrition – Claire Lechner
  - Nutrition at the workplace – Sarah Baker
- 10:45 – 11:00 am**                      **Break** - Refreshments – Sponsored by *Burlodge*: [www.burlodgeca.com](http://www.burlodgeca.com)
- 11:00 - 12:15 pm**                      **Panel** continued, followed with a Q & A period
- 12:15 - 1:15 pm**                        **Lunch** (on your own)
- 1:15 - 2:45 pm**                        **Roundtable Discussions\*** - Dietitians in public health nutrition practice will facilitate scenarios that highlight key competencies and strategies used in public health nutrition:
- Advocacy – Lynn Garrison
  - Community development – Isabela Herrmann
  - Program planning & evaluation – Samara Foisy
  - Nutrition education and ethical issues – Claire Lechner & Lesia Hucal
  - Collaboration & Partnership – Sarah Baker
  - Communication – working with the media – Heather Thomas
  - Community assessment & surveillance – Sandra Almedia
- \* Each 45 minute scenario session will be repeated so interns can attend two. Key findings from each group will be recorded by the facilitator, collated and emailed to programs for circulation
- 2:45 - 3:00 pm**                        **Wrap-up and evaluation** – prize draw!

**Please see reverse for directions**

## Directions, Parking & Map: Ryerson University 350 Victoria Street, Podium (POD Room 250)

### Ryerson University Campus Map

Main Number: 416-979-5000

Please visit <http://www.ryerson.ca/maps/map.html> for further information

### Public Transportation (TTC)

- Yonge/Dundas subway station: Walk one block north on Yonge from the Eaton Centre to Gould Street, turn right at Sam the Record Man, walk one block east to Victoria Street.
- Yonge/College subway station: Walk two blocks south from College Park on Yonge Street, turn left at Sam the Record Man, walk one block east to Victoria Street.
- For further TTC information, visit [www.ttc.ca](http://www.ttc.ca) or telephone (416) 393-4636; 481-2523 (TDD/TTY).

### Car

Ryerson is bounded by four major city streets: **Gerrard** (north), **Dundas** (south), **Jarvis** (east), and **Yonge** (west). Main traffic routes are as follows:

- **Highway 401** east or west to Yonge Street, south on Yonge, turn left (east) at Gerrard or Gould (no turns are permitted at Yonge and Dundas).
- **Don Valley Parkway** south to Bloor Street, turn right (west) at Bloor, turn left (south) at Church, continue until Gerrard, Gould or Dundas.
- **Gardiner Expressway** east or west to Yonge Street, continue north until Gould or Gerrard. City street maps show alternate routes.

### Bus Coach

The Toronto Coach Terminal near Bay St. and Dundas St. is a 10 minute walk away. Call 416-393-7911 for more information.

### VIA/Go train

[http://www.viarail.ca/trains/en\\_tra\\_i\\_tous.html](http://www.viarail.ca/trains/en_tra_i_tous.html)

<http://www.go transit.com/publicroot/en/schedule/trainbusschedule.aspx>

### Parking at Ryerson University

**Daily parking** for visitors and members of the Ryerson community is available at the Bookstore Garage and the Pitman Hall Student Residence and west side of Victoria Street between Dundas and Gould Streets. Rates and hours of operation are posted at the kiosks.

Parking lots are also at the Eaton Centre and on Carlton, Church, Dundas, Bay, and Gerrard Streets

### Places for lunch near by:

Swiss Chalet - 362 Yonge Street

Pickel Barrel - 312 Yonge Street (however, they can be slow)

Many pizza places - can pickup a slice and bring it back on campus ie Big Slice 385 Yonge St

Artium on Bay – 595 Bay Street - take-out food in the food court

Ryerson Cafeteria - Jorgenson Hall 380 Victoria Street

Salad King – Thai food – 335 Yonge Street